



Healthier Lake Mills Menus – 6-WEEK CYCLE BREAKFAST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Aug. 23rd Breakfast Bar Fruit Juice Choice Milk Choice	Aug. 24th Egg/Cheese Omelet Muffin Fruit Juice Choice Milk Choice
Aug. 27th Cereal Toast Fruit Juice Choice Milk Choice	Aug. 28th Pancake/Sausage on a Stick Fruit Juice Choice Milk Choice	Aug. 29th Cereal Toast Fruit Juice Choice Milk Choice	Aug. 30th Breakfast Pizza Fruit Juice Choice Milk Choice	Aug. 31st Scrambled Eggs Uncrustable Fruit Juice Choice Milk Choice
Sept. 3rd Cereal Toast Fruit Juice Choice Milk Choice	Sept. 4 th Egg/Cheese Biscuit Fruit Juice Choice Milk Choice	Sept. 5th Cereal Toast Fruit Juice Choice Milk Choice	Sept. 6th French Toast Sticks Fruit Juice Choice Milk Choice	Sept. 7 th Breakfast Combo Link Fruit and Grain Bar Fruit Juice Choice Milk Choice

*USDA is an equal opportunity provider and employer.



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 10 th Cereal Toast Fruit Juice Choice Milk Choice	Sept. 11 th Breakfast Bar Fruit Juice Choice Milk Choice	Sept. 12 th Cereal Toast Fruit Juice Choice Milk Choice	Sept. 13 th Pancake/Sausage On a Stick Fruit Juice Choice Milk Choice	Sept. 14 th Egg/Cheese Omelet Muffin Fruit Juice Choice Milk Choice
Sept. 17 th Cereal Toast Fruit Juice Choice Milk Choice	Sept. 18 th Egg/Cheese Biscuit Fruit Juice Choice Milk Choice	Sept. 19 th Cereal Toast Fruit Juice Choice Milk Choice	Sept. 20 th Breakfast Pizza Fruit Juice Choice Milk Choice	Sept. 21 st Scrambled Eggs Bagel Cream Cheese Bites Fruit Juice Choice Milk Choice
Sept. 24 th Cereal Toast Fruit Juice Choice Milk Choice	Sept. 25 th Breakfast Bar Fruit Juice Choice Milk Choice	Sept. 26 th Cereal Toast Fruit Juice Choice Milk Choice	Sept. 27 th French Toast Sticks Fruit Juice Choice Milk Choice	Sept. 28 th Breakfast Combo Link Fruit and Grain Bar Fruit Juice Choice Milk Choice

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