



Healthier Lake Mills Menus – 6-WEEK CYCLE BREAKFAST MENU



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|--|
| <p>Dec.4th</p> <p>Cereal Toast Fruit</p> <p>Juice Choice Milk Choice</p> | <p>Dec.5th</p> <p>Breakfast Bar Fruit</p> <p>Juice Choice Milk Choice</p> | <p>Dec.6th</p> <p>Cereal Toast Fruit</p> <p>Juice Choice Milk Choice</p> | <p>Dec.7th</p> <p>Breakfast Pizza Fruit</p> <p>Juice Choice Milk Choice</p> | <p>Dec.8th</p> <p>Scrambled Eggs Cream Cheese Stuffed Bagel Fruit</p> <p>Juice Choice Milk Choice</p> |
| <p>Dec.11th</p> <p>Cereal Toast Fruit</p> <p>Juice Choice Milk Choice</p> | <p>Dec.12th</p> <p>Egg/Cheese Biscuit Fruit</p> <p>Juice Choice Milk Choice</p> | <p>Dec.13th</p> <p>Cereal Toast Fruit</p> <p>Juice Choice Milk Choice</p> | <p>Dec.14th</p> <p>Breakfast Bar Fruit</p> <p>Juice Choice Milk Choice</p> | <p>Dec.15th</p> <p>Egg/Cheese Omelet Unrustables Fruit</p> <p>Juice Choice Milk Choice</p> |
| <p>Dec.18th</p> <p>Cereal Toast Fruit</p> <p>Juice Choice Milk Choice</p> | <p>Dec.19th</p> <p>Oatmeal Yogurt Fruit</p> <p>Juice Choice Milk Choice</p> | <p>Dec.20th</p> <p>Cereal Toast Fruit</p> <p>Juice Choice Milk Choice</p> | <p>Dec.21st</p> <p>Breakfast Pizza Fruit</p> <p>Juice Choice Milk Choice</p> | <p>Dec.22nd</p> <p>Christmas Break See You Next Year!!</p> <p>No School</p> |



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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|---|
| Dec.25th No School | Dec.26th No School | Dec.27th No School | Dec.28th No School | Dec.29th No School |
| Jan.1st No School | Jan.2nd No School | Jan.3rd Welcome Back! Cereal Toast Fruit Juice Choice Milk Choice | Jan.4th Breakfast Bar Fruit Juice Choice Milk Choice | Jan.5th Egg/Cheese Omelet Muffin Fruit Juice Choice Milk Choice |
| Jan 8 th Cereal Toast Fruit Juice Choice Milk Choice | Jan.9 th Breakfast Pizza Fruit Juice Choice Milk Choice | Jan.10 th Cereal Toast Fruit Juice Choice Milk Choice | Jan.11 th Egg/Cheese Biscuit Fruit Juice Choice Milk Choice | Jan.12 th Breakfast Combo Link Fruit and Grain Bar Fruit Juice Choice Milk Choice |

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